

# Bullying Handout

Provided to Supply Elementary School for follow-up after performance by  
Joan Leotta, May 26, 2005

## *K-2 Stories and Ideas*

### *The Hungry Bear*

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A big person behaves with kindness and is gentle and polite to all he encounters. Small creature is kind and generous and reacts with gentleness.

**Follow-up Ideas:** Make puppets and act out the story. Let students take turns acting out the story. Let students draw pictures to illustrate the story.

**Discussion:** Ask them how they react when someone bumps them in line or accidentally hurts them.

*A great class project would be to collect food for the hungry.*

### *Shingbiss the Duck*

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Little Shingbiss (a merganser duck) does not let the north wind frighten him—and eventually wins him over as a friend. Shingbiss is not intimidated by a show of force. He acts with wisdom and courtesy.

**Follow-up ideas:** Draw a picture of Shingbiss looking calm as the wind sends snow and ice to frighten him.

**Discussion:** What do you think the wind looks like? How can Shingbiss tell that the wind is on the scene? What happens when the wind meets with Shingbiss? Merganser ducks do dive under the water to feed. Some ducks do NOT migrate south. Can you look in books and online to find out more about these kinds of ducks?

### *The Wind and the Sun*

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Force is not the best way to achieve goals. This Aesop fable is old but very true!

**Follow-up ideas:** Draw a picture of the man in the coat.

**Discussion:** When you want something –how do you behave? Who do you want to be friends with –the sun or the wind? Is that what you thought at the beginning of the story?

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### **Grades 3-5**

**The Wind and the Sun** ---Force is not the best way to achieve goals! This Aesop fable is old but very very true!

**Follow-up ideas:** Discussion: When you want something –how do you behave?  
More discussion: Who do you want to be friends with –the sun  
or the wind? Is that what you thought at the beginning of the story?  
Draw a picture of the man in the coat.

**The Rattlesnake--** Small size is not an indicator of value. Power needs to be used wisely.

**Follow-up ideas:** Draw picture of the rattlesnake before and after the “gift” from the great spirit.

Discussion: why didn't the other animals help the little snake? Do you think they should have helped? Why or why not.

Discussion: Why does the snake have to warn the others before striking? What does it mean to use power responsibly!

Write your own tale about overcoming a bully.

Write your own tale about how an animal came to be the way he or she is now>

**The Sea of Gold** --Everyone has value . Not to make fun of people with disabilities

**Follow-up ideas:** Discussion -- How do you think that the other sailors should have treated the young man with the mental disability? What would you do?

Draw a picture of the sea when it is empty of water.

Draw a picture of the young boy feeding the fish.

Science: What are some ways we in North Carolina are caring for the fish—(not using nets, returning oyster shells to the beds, etc)

